

Treatment Plan Review

Facility Name: 15 Rochester PC
Unit / Ward: 58 RFU/058/PRP
Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

Goal Number: 1 Date Established: 08/27/2003 Status: New Entry Status Date: 08/27/2003

Goal: Kevin Saunders will show improvement in psychiatric symptoms and behavior, enabling successful transition to a civil hospital setting.

Objective Number: 1.1 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Target Date: 12/28/2003

Objective: The patient will show improved insight in his mental illness as evidenced by full acceptance of treatment and better comprehension of the course of his illness for the following 8 weeks.

[Complete only for Treatment Plan Review]

Summary of Progress: the patient has shown improvement in his treatment acceptance and now is taking prescribed medications. He is exhibiting stability in thoughts, lack of tangential thinking, and no irritability.

Rationale for change or continuation of objective/method: The pt has progressed but continues to have a fixed delusional system. Benefit may be obtained from increased medication.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Objective Number: 1.2 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from 3 to 2, in the PANSS item of Lack of judgment and insight.

[Complete only for Treatment Plan Review]

Summary of Progress:

During this past reporting period, Mr. Saunders has shown consistent improvement and is more accepting of treatment and demonstrated an increased understanding of the course of his mental illness, thereby warranting a change from the previous objective.

Rationale for change or continuation of objective/method:

Mr. Saunders has benefited from the change in medication and is more responsive to current treatment intervention strategies, as well as the PEM behavioral system currently being utilized. This current approach has resulted in an improved understanding of his mental illness and an improved prognosis.

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Facility Name: 15 Rochester PC
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Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Method Number: 1.2.1

Method: The patient will meet with Igor Kashtan, MD for 30 minutes per week. Dr. Kashtan will prescribe and gradually increase dosage of Risperidone for the patient's psychotic symptoms and will discuss with the patient the need for continuous treatment.

Problem/Issue # 2 Priority: NoneDisposition: Treat

Problem: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

Problem/Issue # 3 Priority: NoneDisposition: Treat

Problem: MICA issues (denial, need for psycho education, support group involvement, etc.)

Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

Strength Number: 2

Strength: Job, work, vocational achievements and abilities

Goal Number: 2 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Goal: The patient will better comprehend and recognize his prodromal signs of psychosis, for example, insomnia, pacing, anxiety, and increased irritability.

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Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Objective Number: 2.1 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Kevin will show greater understanding of psychiatric illness and the need for prescribed treatments as evidenced by an increase in positive interactions with staff regarding judgment and insight, during group and individual activities/sessions.

[Complete only for Treatment Plan Review]

Summary of Progress: Mr Saunders is progressing in this area and has shown some increase in insight. He continues to need psychoeducation in the area of mental illness and the need for prescribed medications. He has limited insight into his own prodromal symptoms and also should have ongoing psychoeducation into that area also.

Rationale for change or continuation of objective/method: Improvement is obvious and further improvement is needed.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Objective Number: 2.2 Date Established: 08/28/2003 Status: Discontinued Status Date: 10/27/2003

Target Date: 12/27/2003

Objective: Kevin will participate actively in all MICA groups offered for during the next 8 weeks with an emphasis on listening to others opinions and facts related to THC use and abuse.

[Complete only for Treatment Plan Review]

Summary of Progress: The patient is now attending MICA groups and is participating. He as of the middle of September had been refusing MICA groups. Thus, this objective can continue for 8 weeks.

Rationale for change or continuation of objective/method:

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Problem/Issue # 2 Priority: NoneDisposition: Treat

Problem: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

Strength Number: 2

Strength: Job, work, vocational achievements and abilities

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Facility Name: 15 Rochester PC
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Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Goal Number: 3 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Goal: Mr. Saunders will exhibit an increased awareness of psychiatric illness and greater illness self-management (including coping skills needed for ongoing or recurring symptoms, identification of early warning signs of relapse), enabling successful transition to a Civil setting and optimizing progress toward recovery.

Objective Number: 3.1 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from a 3 to 2, in the PANSS item of Lack of judgment and insight, over the next 60 days.

[Complete only for Treatment Plan Review]

Summary of Progress:

Mr. Saunders has made progress to the point where he has increased insight into his mental illness and the ongoing need for prescribed treatments. His need for psychoeducation and prescribed medications remains unchanged and will continue to be addressed in the next objective. He is receptive to direction from his Treatment Team and has expressed a willingness to work with them.

Rationale for change or continuation of objective/method:

Mr. Saunders still requires a deeper understanding of the signs and symptoms of his mental illness and the role of his medication in his continued pursuit of stability and rehabilitation. Additionally, during this next reporting period, there will be an emphasis placed on strengthening his understanding of the significance of social supports and their effect on successful rehabilitation.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Method Number: 3.1.1

Method: Utilizing PEM intervention strategies and techniques, P. Whiteford Sr. OTR/L, L. Kotwas RT, S. Seymour Sr. OTR, K. Scheibel RCII, D. Lewthwaite RCI, and R. Watson RA will encourage and monitor participation with the aim of educating the patient in developing alternatives to substance abuse and to support behavioral control, improve social interaction skills and improve leisure interest base. Total of 13.5 hours per week of scheduled programming:

Arts & Crafts 1hr/wk
Board Games 1 hr/wk
Ceramics 1hr/wk
MICA Education 1hr/wk
Level III Lunch 1hr/wk
Movement Therapy 1hr/wk
Coping Skills 1hr/wk

Current events 1hr/wk
Community Meeting .5 hr/wk
Chemical Dependency 1hr/wk
Self Esteem 1hr/wk
Intro To Anger Management 1hr/wk
Intro To MICA 1hr/wk

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Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Method Number: 3.1.2

Method: Utilizing PEM intervention strategies and techniques, Betty Golphin, SWII, will meet with patient, 30 minutes per week, to offer supportive psychoeducation related to his illness and to develop a realistic discharge plan to a civil hospital with eventual transfer to the community.

.....

Method Number: 3.1.3

Method: Utilizing PEM intervention strategies and techniques, Melanie Kain, RN, or assigned nurse, will meet with patient to explain the medication program on the ward, ensure that patient is encouraged to do what is necessary to comply with this program, and assess how successful he is in achieving this objective, over the next 60 days.

.....

Method Number: 3.1.4

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, Dr Kashtan will meet with Mr Saunders 30 minutes per week and provide individual supportive and psychoeducational therapy with a focus on developing a trusting relationship.

.....

Method Number: 3.1.5

Method: Utilizing PEM verbal intervention strategies and positive point reinforcement techniques, Andrea Rustin, Sr. SHTA, will meet with Mr. Saunders 15 minutes per week to discuss issues including the ward rules and expectations, provide supportive counseling and provide opportunities to build rapport.

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Objective Number: 3.2 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Mr. Saunders will identify consequences of substance use as evidenced by his ability to discuss the negative consequences; violating his order of conditions and factors contributing to a relapse.

[Complete only for Treatment Plan Review]

Summary of Progress:

Rationale for change or continuation of objective/method:

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

.....

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Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Method Number: 3.2.1

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, L. Breitmaier RN and Robert Watson RA II will encourage and monitor the patient's participation in the Intro to MICA group/meetings with the aim of increasing knowledge of the effects of marijuana and how society views the use of THC as a drug.

Method Number: 3.2.2

Method: Mr. Saunders will attend MICA and Me Group with Jacque Tesson, SWSI, to increase understanding of the interaction effects of substances of abuse and mental illness 1hr per week.

Problems and Strengths that are not linked to goals

No problems

No strengths

Patient's Signature:

Date: / /

Staff: 15048 Chavers, Arthur L

Title: Treatmnt Team Ld M H

Date: 12/22/2003

Staff Signature:

Physician: 15146 Kashtan, Igor M

Title: Psychiatrist 1

Date: 12/22/2003

Physician Signature:

Confirmed By: 15048

Chavers, Arthur L

Date: 12/29/2003

Title : Treatmnt Team Ld M H

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Patient's Name: SAUNDERS, KEVIN E
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DOB: 05/01/1956 Gender: Male

5. Participants

Name	Title / Relationship to Patient
Kashtan, Igor	Psychiatrist 1
Muscarella, Ronald	RNII
Whiteford, Peg	Sr.OTR/L
Golphin, Betty	CSW,MSW
Chavers, Arthur	TTL/PA
Saunders, Kevin	Patient
Hampton, Leslie G.	RAI
Castillo, Zuli	Intern

6. Goals and Objectives

Problem/Issue # 1 Priority: NoneDisposition: Treat

Problem: Perceptual problems (hallucinations, delusions, suspiciousness, etc.)

Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

Goal Number: 1 Date Established: 08/27/2003 Status: New Entry Status Date: 08/27/2003

Goal: Kevin Saunders will show improvement in psychiatric symptoms and behavior, enabling successful transition to a civil hospital setting.

Objective Number: 1.2 Date Established: 12/22/2003 Status: Revised Status Date: 02/18/2004

Target Date: 04/18/2004

Objective: Over the next 60 days, Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced

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by a 1-point reduction, from 3 to 2, in the PANSS item of Lack of judgment and insight.

[Complete only for Treatment Plan Review]

Summary of Progress:

During this past reporting period, Mr. Saunders has shown consistent improvement and is more accepting of treatment and demonstrated an increased understanding of the course of his mental illness, thereby warranting a change from the previous objective.

02/18/04

During this reporting, Mr. Saunders has talked more openly and freely about his mental illness and the need for on-going treatment and prescribed medications. He continues to maintain a high level of compliance with the prescribed medications. The current regime appears to be highly effective and there are increases indicated at this time.

Rationale for change or continuation of objective/method:

Mr. Saunders has benefited from the change in medication and is more responsive to current treatment intervention strategies, as well as the PEM behavioral system currently being utilized. This current approach has resulted in an improved understanding of his mental illness and an improved prognosis.

02/18/04

Mr. Saunders's progress in the identified item of PANSS G12 Lack of judgement and insight has been encouraging during this reporting period. He recognizes that he has a psychiatric disorder, the need for on-going treatment and medication to maintain stability. His efforts warrant moving to the next level on the G12 scale; 2 to 1:

Over the next 60 days, Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from 2 to 1, in the PANSS item of Lack of judgment and insight.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

.....

Method Number: 1.2.1

Method: The patient will meet with Igor Kashtan, MD for 30 minutes per week. Dr. Kashtan will prescribe and monitor current dosage of Risperidone for the patient's psychotic symptoms and will discuss with the patient the need for continuous treatment.

.....

Problem/Issue # 2 Priority: NoneDisposition: Treat

Problem: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

.....

Strength Number: 1

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Case Number: 85274
DOB: 05/01/1956 Gender: Male

Strength: Functioning prior to illness onset (premorbid history)

Strength Number: 2

Strength: Job, work, vocational achievements and abilities

Goal Number: 3 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Goal: Mr. Saunders will exhibit an increased awareness of psychiatric illness and greater illness self-management (including coping skills needed for ongoing or recurring symptoms, identification of early warning signs of relapse), enabling successful transition to a Civil setting and optimizing progress toward recovery.

Objective Number: 3.1 Date Established: 12/22/2003 Status: Revised Status Date: 02/18/2004

Target Date: 04/18/2004

Objective: Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from a 3 to 2, in the PANSS item of Lack of judgment and insight, over the next 60 days.

[Complete only for Treatment Plan Review]

Summary of Progress:

Mr. Saunders has made progress to the point where he has increased insight into his mental illness and the ongoing need for prescribed treatments. His need for psychoeducation and prescribed medications remains unchanged and will continue to be addressed in the next objective. He is receptive to direction from his Treatment Team and has expressed a willingness to work with them.

02/18/04

Compliance with treatment recommendations during this reporting period has continued to be on a positive level, as evidenced by Mr. Saunders's ability to reach and maintain his level 3 status in the PEM system.

The continued use of his assigned target skills:

Showing Respect

Expressing Feelings Appropriately

Making Positive Comments To Others

and self control strategies continue have a positive effect on the growth of his insight and judgement. As previously stated, during this reporting period he made a decision not to fight his current retention by going to Court, rather he decided to take a more clinical approach by working with his team to focus his efforts on being transferred to Civil.

Rationale for change or continuation of objective/method:

Mr. Saunders still requires a deeper understanding of the signs and symptoms of his mental illness and the role of his medication in his continued pursuit of stability and rehabilitation. Additionally, during this next reporting period, there will be an emphasis placed on strengthening his understanding of the significance of social supports and their effect on successful rehabilitation.

02/18/04

Due to the fact that Mr. Saunders has responded so positively to the current treatment intervention strategies and techniques, the current objective is being revised to increase the challenges and reinforce positive efforts.

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Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from a 2 to 1, in the PANSS item of Lack of judgment and insight, over the next 60 days.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Method Number: 3.1.1

Method: Utilizing PEM intervention strategies and techniques, P. Whiteford Sr. OTR/L, L. Kotwas RT, S. Seymour Sr. OTR, K. Scheibel RCII, D. Lewthwaite RCI, and R. Watson RA will encourage and monitor participation with the aim of educating the patient in developing alternatives to substance abuse and to support behavioral control, improve social interaction skills and improve leisure interest base. Total of 18 hours per week of scheduled programming:

Arts & Crafts 1hr/wk	Current events 1hr/wk
Board Games 1 hr/wk	Community Meeting .5 hr/wk
Ceramics 1hr/wk	Walking for Exercise 3hrs/wk
Unit Exercise 1hr/wk	Self Esteem 1hr/wk
Level III Lunch 1hr/wk	Intro To Anger Management 1hr/wk
Movement Therapy 1hr/wk	Furlough Group .5hr/wk
Book of the Month 1hr/wk	Escorted Furlough 1hr/wk
Friday Evening Discussion 1hr/wk	Tai Chi 1hr/wk
Wild Life 1hr/wk	

Method Number: 3.1.2

Method: Utilizing PEM intervention strategies and techniques, Betty Golphin, SWII, will meet with patient, 30 minutes per week, to offer supportive psychoeducation related to his illness and to develop a realistic discharge plan to a civil hospital with eventual transfer to the community.

Method Number: 3.1.3

Method: Utilizing PEM intervention strategies and techniques, Melanie Kain, RN, or assigned nurse, will meet with patient, as needed, to explain the medication program on the ward, ensure that patient is encouraged to do what is necessary to comply with this program, and assess how successful he is in achieving this objective, over the next 60 days.

Method Number: 3.1.4

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, Dr Kashtan will meet with Mr Saunders 30 minutes per week and provide individual supportive and psychoeducational therapy with a focus on developing a trusting relationship.

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Facility Name: 15 Rochester PC
Unit / Ward: 58 RFU/058/PRP
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Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Method Number: 3.1.5

Method: Utilizing PEM verbal intervention strategies and positive point reinforcement techniques, Andrea Rustin, Sr. SHTA, will meet with Mr. Saunders 15 minutes per week to discuss issues, including the ward rules and expectations, provide supportive counseling and provide opportunities to build rapport.

Method Number: 3.1.6

Method: Utilizing his PEM target skills and self control strategies, Mr. Saunders will attend SYMPTOM MANAGEMENT GROUP 1 hour per week with Jacqueline Lavoie-Tessoni, SWSI, and Kathy Willett, RN II, to increase understanding of psychiatric illness, symptoms of different illnesses, ways to cope with symptoms, identification of early warning signs of relapse, and to develop a plan of action for what to do if symptoms should increase.

Objective Number: 3.2 Date Established: 12/22/2003 Status: Continued Status Date: 02/18/2004

Target Date: 04/18/2004

Objective: Over the next 60 days, Mr. Saunders will identify consequences of substance use as evidenced by his ability to discuss the negative consequences; violating his order of conditions and factors contributing to a relapse.

[Complete only for Treatment Plan Review]

Summary of Progress:

02/18/04

During this reporting period, Mr. Saunders has continued to actively participate and attend Advanced MICA and MICA Education. He is reported to be minimizing his actual relationship with marijuana. He is noted as being an active listener, one whom listens to the opinions of others and is polite to peers and staff. Although there has been some increased understanding of the relationship between his conditional violation and his substance use, insight into his ability to totally remain abstinent of marijuana is questionable.

Rationale for change or continuation of objective/method:

The current objective will be continued for an additional 60 days in an effort to assist Mr. Saunders with his on-going commitment to developing an increased understanding of the potential negative effects of substance abuse. The relationship of mental illness and chemical abuse and the issues that surround this area of treatment continues to be an area of concern.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Method Number: 3.2.1

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, L. Breitmaier RN and Robert Watson RA II will encourage and monitor the patient's participation in the Advanced MICA and MICA Education groups/meetings with the aim of increasing knowledge of the effects of marijuana and how society views the use of THC as a drug.

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Patient's Name: SAUNDERS, KEVIN E
Case Number: 85274
DOB: 05/01/1956 Gender: Male

Method Number: 3.2.2

Method: Mr. Saunders will attend MICA and Me Group with Jacque Tessori, SWSI, to increase understanding of the interaction effects of substances of abuse and mental illness 1hr per week.

Problems and Strengths that are not linked to goals

Problem/Issue # 3 Priority: None Disposition: Treat

Problem:

MICA issues (denial, need for psycho education, support group involvement, etc.)

No strengths

Patient's Signature:

Date: / /

Staff: 15146 Kashtan, Igor M

Title: Psychiatrist 1

Date: 02/18/2004

Staff Signature:

Physician: 15146 Kashtan, Igor M

Title: Psychiatrist 1

Date: 02/18/2004

Physician Signature:

Confirmed By: 15048 Chavers, Arthur L

Date: 02/23/2004

Title : Treatmnt Team Ld M H

Treatment Plan Review

Facility Name: 15 Rochester PC

Patient's Name: SAUNDERS, KEVIN E

Ward: 58 RFU/058/PRP

Case Number: 85274

Admission Screening Date: 05/23/2003

State ID: 1804984

DOB: 05/01/1956

Gender: Male

Goal # 1: Kevin Saunders will show improvement in psychiatric symptoms and behavior, enabling successful transition to a civil hospital setting.

Date Established: 08/27/2003

Status: Continued

Status Date: 07/14/2004

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

Objective # 1.2: Over the next 90 days, Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from 2 to 1, in the PANSS item of Lack of judgment and insight.

[Complete only for Treatment Plan Review]

Summary of Progress:

During this past reporting period, Mr. Saunders has shown consistent improvement and is more accepting of treatment and demonstrated an increased understanding of the course of his mental illness, thereby warranting a change from the previous objective.

02/18/04

During this reporting, Mr. Saunders has talked more openly and freely about his mental illness and the need for on-going treatment and prescribed medications. He continues to maintain a high level of compliance with the prescribed medications. The current regime appears to be highly effective and there are increases indicated at this time.

04/15/04

During this reporting period, Mr. Saunders has demonstrated that he is developing increased insight and judgement with regards to recognizing the signs and symptoms of his mental illness. He is more accepting of treatment intervention strategies and appears to have a greater understanding of the course of his illness.

Update 07/14/04

Mr. Saunders has continued to demonstrate that his insight and judgement have improved. He continues to be accepting that he has a mental illness and is in need of on-going treatment. He continues to discuss prodromal signs and symptoms with Dr. Kashtan during individual sessions. His symptoms are currently in remission at this time.

Rationale for change or continuation of objective/method:

Mr. Saunders has benefited from the change in medication and is more responsive to current treatment intervention strategies, as well as the PEP behavioral system currently being utilized. This current approach has resulted in an improved understanding of his mental illness and an improved prognosis.

02/18/04

Mr. Saunders's progress in the identified item of PANSS G12 Lack of judgement and insight has been encouraging during this reporting period. He recognizes that he has a psychiatric disorder, the need for on-going treatment and medication to maintain stability. His efforts warrant moving to the next level on the G12 scale; 2 to 1.

04/15/04

This objective is being continued for an additional 60 days to monitor the consistent progress that Mr.

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Admission Screening Date: 05/23/2003

State ID: 1804984

DOB: 05/01/1956

Gender: Male

Saunders has made thus far. The effectiveness of the PEP system in reinforcing his positive efforts/progress continues to be encouraging and will continue to be utilized. Mr. Saunders agrees that he is functioning much better and is looking forward to his increasing his ability to understand his illness.

07/14/04

Over the past 60 days, Mr. Saunders has consistently and gradually shown an improvement in cognitive/thinking processes. This objective and the established intervention strategies will be continue for 90 days in an effort to reinforce his positive efforts. He states that he continues to feel comfortable with the current course of treatment and that he is benefiting from treatment.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Date Established: 12/22/2003

Status: Continued

Status Date: 07/14/2004

Target Date: 10/12/2004

Confirmed By: Kashtan, Igor M

Method # 1.2.1: The patient will meet with Igor Kashtan, MD for 30 minutes per week. Dr. Kashtan will prescribe and monitor current dosage of Risperidone for the patient's psychotic symptoms and will discuss with the patient the need for continuous treatment.

Problem/Issue # 2: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

Priority: None

Disposition: Treat

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

Strength # 1: Functioning prior to illness onset (premorbid history)

Status: Open

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

Strength # 2: Job, work, vocational achievements and abilities

Status: Open

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

Goal # 3: Mr. Saunders will exhibit an increased awareness of psychiatric illness and greater illness self-management (including coping skills needed for ongoing or recurring symptoms, identification of early warning signs of relapse), enabling successful transition to a Civil setting and optimizing progress toward recovery.

Date Established: 12/22/2003

Status: Continued

Status Date: 07/14/2004

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

Objective # 3.1: Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point

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Ward: 58 RFU/058/PRP

Case Number: 85274

Admission Screening Date: 05/23/2003

State ID: 1804984

DOB: 05/01/1956

Gender: Male

reduction, from a 2 to 1, in the PANSS item of Lack of judgment and insight, over the next 60 days.

[Complete only for Treatment Plan Review]

Summary of Progress:

Mr. Saunders has made progress to the point where he has increased insight into his mental illness and the ongoing need for prescribed treatments. His need for Psychoeducational and prescribed medications remains unchanged and will continue to be addressed in the next objective. He is receptive to direction from his Treatment Team and has expressed a willingness to work with them.

02/18/04

Compliance with treatment recommendations during this reporting period has continued to be on a positive level, as evidenced by Mr. Saunders's ability to reach and maintain his level 3 status in the PEM system.

The continued use of his assigned target skills:

Showing Respect

Expressing Feelings Appropriately

Making Positive Comments To Others

and self control strategies continue have a positive effect on the growth of his insight and judgement. As previously stated, during this reporting period he made a decision not to fight his current retention by going to Court, rather he decided to take a more clinical approach by working with his team to focus his efforts on being transferred to Civil.

Rationale for change or continuation of objective/method:

Mr. Saunders still requires a deeper understanding of the signs and symptoms of his mental illness and the role of his medication in his continued pursuit of stability and rehabilitation. Additionally, during this next reporting period, there will be an emphasis placed on strengthening his understanding of the significance of social supports and their effect on successful rehabilitation.

02/18/04

Due to the fact that Mr. Saunders has responded so positively to the current treatment intervention strategies and techniques, the current objective is being revised to increase the challenges and reinforce positive efforts.

Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from a 2 to 1, in the PANSS item of Lack of judgment and insight, over the next 60 days.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

[Complete only for Treatment Plan Review]

04/15/04

During this reporting period Mr. Saunders cognitive and thinking processes are much improved. His ability to identify deficits related to his mental illness continues to be encouraging. As stated earlier, he continues to be more accepting of treatment interventions and is able to discuss strategies for preventing relapse in the future.

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Unit/Ward: 58 RFU/058/PRP

Case Number: 85274

Admission Screening Date: 05/23/2003

State ID: 1804984

DOB: 05/01/1956

Gender: Male

07/14/04

Mr. Saunders has continued to demonstrate that he is working towards a better understanding of his mental illness and strategies on how to best manage it. His compliance with prescribed medications and programs continues to be on an appropriate level at this time. He continues to focus his efforts towards increased insight, improved judgement and transfer to Civil.

Rationale for change or continuation of objective/method:

04/15/04

This objective is being revised to reflect the progress that has been accomplished, reinforce his commitment to rehabilitation, and to encourage continued compliance with the PEM behavioral system. Under the PANSS G12 rating, Lack of Judgement/Insight, the revised objective will measure a 1 point reduction, from a 2 to 1, over the next 60 days.

07/14/04

This objective will be continued for an additional 90 days. Progress thus far warrants that his Target Skills be changed as follows:

Talking With Others

Expressing Feelings Appropriately

Self Reporting Own Behaviors

His commitment to maintain active participation and continued growth is reflected in his ability to maintain his current Level 3 in the PEP system. Verbal support and encouragement will continue to be utilized to reinforce his positive efforts.

Date Established: 12/22/2003

Status: Continued

Status Date: 07/14/2004

Target Date: 10/12/2004

Confirmed By: Kashtan, Igor M

Method # 3.1.1:

Utilizing the PEP positive reinforcement strategies and techniques, P. Whiteford Sr. OTR/L, L. Galka, RT, S. Seymour Sr. OTR, K. Scheibel RCII, D. Lewthwaite RCI, and R. Watson RA will encourage and monitor program/activity participation with the aim of educating the patient in developing alternatives to substance abuse, improving social interaction skills and to improve his overall leisure skill base.

Total of 15 hours per week of scheduled programming:

Arts & Crafts 1hr/wk
Board Games 1 hr/wk
Coping Skills 1 hr/wk
Health Talks 1 hr/wk
Level III Lunch 1hr/wk
Walking For Exercise 2 hrs/wk
Book of the Month 1hr/wk
Friday Evening Discussion 1hr/wk

Current events 1hr/wk
Community Meeting .5 hr/wk
Friday Evening Discussion 1hr/wk
Self Esteem 1hr/wk
Intro To Anger Management 1hr/wk
Furlough Group .5hr/wk
Escorted Furlough 1hr/wk

Method # 3.1.2:

Utilizing PEP intervention strategies and techniques, Betty Golphin, SWII, will meet with patient,

Treatment Plan Review

Facility Name: 15 Rochester PC

Patient's Name: SAUNDERS, KEVIN E

Ward: 58 RFU/058/PRP

Case Number: 85274

Admission Screening Date: 05/23/2003

State ID: 1804984

DOB: 05/01/1956

Gender: Male

30 minutes per week, to offer supportive psychoeducation related to his illness and to develop a realistic discharge plan to a civil hospital with eventual transfer to the community.

Method # 3.1.3: Utilizing PEP intervention strategies and techniques, Melanie Kain, RN, or assigned nurse, will meet with patient, as needed, to explain the medication program on the ward, ensure that patient is encouraged to do what is necessary to comply with this program, and assess how successful he is in achieving this objective, over the next 90 days.

Method # 3.1.4: Utilizing PEP intervention strategies and techniques, over the next 90 days, Dr Kashtan will meet with Mr Saunders 30 minutes per week and provide individual supportive and psychoeducational therapy with a focus on developing a trusting relationship.

Method # 3.1.5: Utilizing PEP verbal intervention strategies and positive point reinforcement techniques, Andrea Rustin, Sr. SHTA, will meet with Mr. Saunders 15 minutes per week to discuss issues, including the ward rules and expectations, provide supportive counseling and provide opportunities to build rapport.

Method # 3.1.6: Utilizing his PEP target skills and self control strategies, Mr. Saunders will attend SYMPTOM MANAGEMENT GROUP 1 hour per week with Jacqueline Lavoie-Tessoni, SWSI, and Barb MacDonald, RN II, to increase understanding of psychiatric illness, symptoms of different illnesses, ways to cope with symptoms, identification of early warning signs of relapse, and to develop a plan of action for what to do if symptoms should increase.

Current Target Skills:**Talking With Others**

- * Look at the person
- * Use a pleasant voice
- * Ask questions
- * Don't interrupt

Self Reporting Own Behavior

- * Find the appropriate person to report to
- * Look at the person
- * Remain calm and use a neutral voice tone
- * Truthfully and completely describe your issues or concerns
- * Honestly answer questions that you are asked
- * Peer report, if necessary

Expressing Feelings Appropriately

- * Remain calm and relaxed
- * Look at the person

Treatment Plan Review

Facility Name: 15 Rochester PC

Patient's Name: SAUNDERS, KEVIN E

Unit/Ward: 58 RFU/058/PRP

Case Number: 85274

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Gender: Male

*Describe your feelings with an "I feel statement"

* Avoid blaming and profanity

*Thank the person for listening

Objective # 3.2: Over the next 90 days, Mr. Saunders will identify consequences of substance use as evidenced by his ability to discuss the negative consequences; violating his order of conditions and factors contributing to a relapse.

[Complete only for Treatment Plan Review]

Summary of Progress:

02/18/04

During this reporting period, Mr. Saunders has continued to actively participate and attend Advanced MICA and MICA Education. He is reported to be minimizing his actual relationship with marijuana. He is noted as being an active listener, one whom listens to the opinions of others and is polite to peers and staff. Although there has been some increased understanding of the relationship between his conditional violation and his substance use, insight into his ability to totally remain abstinent of marijuana is questionable.

Rationale for change or continuation of objective/method:

The current objective will be continued for an additional 60 days in an effort to assist Mr. Saunders with his on-going commitment to developing an increased understanding of the potential negative effects of substance abuse. The relationship of mental illness and chemical abuse and the issues that surround this area of treatment continues to be an area of concern.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Summary of Progress:

04/15/04

Over the past reporting period of approximately 60 days, Mr. Saunders has continued to participate in scheduled MICA related programs and activities. He is now discussing negative consequences associated with substance abuse and how decisions of non-adherence to a life style of abstinence will contribute to a relapse and instability of his mental health. It has been reported that he states that he must make better choices and must stay clean. He has acknowledged using marijuana to self medicate. He is more convincing of his convictions, not just mouthing the words.

Rationale for change or continuation of objective/method:

The current objective will be continued for an additional 60 days in an effort to assist Mr. Saunders with his on-going commitment to developing an increased understanding of the potential negative effects of substance abuse, the benefits of abstinence and improved mental health. The relationship of mental illness and chemical abuse and the issues that surround this area of treatment continues to be stressed.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Summary of Progress:

Treatment Plan Review

Facility Name: 15 Rochester PC

Patient's Name: SAUNDERS, KEVIN E

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07/12/04

During this reporting period Mr. Saunders has maintained a positive level of participation in scheduled MICA related programs and activities. He is acknowledging an increased awareness of the negative consequences associated with substance abuse and how decisions of adherence to a life style of abstinence will further his chances of being successful in Civil and eventually in the community. He continues to discuss the significance of making better choices and remaining clean.

Rationale for change or continuation of objective/method:

This objective will be continued for another reporting period of 90 days in an effort to assist Mr. Saunders with his on-going commitment to developing an increased understanding of the negative impact that substance abuse would have on his mental health, the benefits of abstinence lifestyle and overall improved physical and mental health. The relationship of mental illness and chemical abuse and the issues that surround this area of treatment continues to be stressed.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

Date Established: 12/22/2003

Status: Continued

Status Date: 07/14/2004

Target Date: 10/12/2004

Confirmed By: Kashtan, Igor M

Method # 3.2.1: Utilizing PEM intervention strategies and techniques, over the next 90 days, L. Breitmaier RN and Robert Watson RA II will encourage and monitor the patient's participation in the scheduled Advanced MICA 1hr/wk, MICA Education 1hr/wk and Intro to Chemical Dependency Wellness 1hr/wk, with the aim of increasing knowledge of the effects of marijuana and how society views the use of THC as a drug.

Method # 3.2.2: Mr. Saunders will attend MICA and Me Group, 1hr/wk, with Dr. Sundararajan, Licensed Psychologist, to increase his understanding of the interactive effects of substance abuse and mental illness.

Problems and Strengths that are not linked to Goals

Problem/Issue # 3: MICA issues (denial, need for psycho education, support group involvement, etc.)

Priority: None

Disposition: Treat

Confirmed By: Kashtan, Igor M

Form: Treatment Plan Review

Confirmed Date: 07/19/2004 07:11 PM

No Strengths

Staff: 15146 Kashtan, Igor M

Title: Psychiatrist 1

Date: 07/19/2004

Staff Signature:

Section Name: Goals / Objectives / Methods

☐ This plan of care recertifies that services being provided are or were required on an inpatient basis